Tips for using your pharmacy benefits.

Five ways to get the most from your coverage.

Your pharmacy benefits can help you save money and make it easier to get your medication. Here are five simple tips to help you use your coverage the best way possible.

1. Manage your benefits online

Use the myCigna® app[1] and myCigna.com®.

- Print or view your ID card.
- See which medications your plan covers.
- Find out how much your medication costs and see your lower-cost options.[2]
- Find an in-network pharmacy.
- Manage your home delivery orders.[3]
- See your pharmacy claims and coverage info.

2. Compare your medication costs online

Log in to myCigna and use the Price a Medication tool to see what your medication costs, your lower-cost options and which pharmacies have the best prices.[2] You can even check while you're at the doctor's office.

3. Use a generic to save money

Generics work the same and provide the same health benefits as brand-name medications. They have the same active ingredient, strength, and form (like a tablet or capsule)—and they typically cost 85% less.[4]

4. Use an in-network pharmacy

To save money, you should use a pharmacy that's in your plan's network. If you go outside your network, you'll pay more for your medication—or it may not be covered at all.

Log in to the myCigna app or **myCigna.com**, or check your plan details, to find an in-network pharmacy near you.

5. Skip the pharmacy line with home delivery

Express Scripts® Pharmacy is a simple and safe way to get the medications you take regularly—without extra trips to the pharmacy.[3] You can:

- Order, manage, track and pay for your medication on your phone or online.
- Get standard shipping at no extra cost.[5]
- Fill up to a 90-day supply at one time.
- Talk with a pharmacist, 24/7.
- Sign up for automatic refills or refill reminders so you don't miss a dose.[6]
- Use a payment plan (if you need it).

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1. App/online store terms and mobile phone carrier/data charges apply. Customers under age 13 (and/or their parent/guardian) will not be able to register at myCigna.com.
2. Prices shown on myCigna are not guaranteed, and coverage is subject to your plan terms and conditions. Visit myCigna.com for more information.
3. Not all plans offer home delivery as a covered pharmacy option. Log in to the myCigna app or myCigna.com, or check your plan details, to learn more about the pharmacies in your plan's network. Cigna Healthcare, Evernorth Health Services, and Express Scripts Pharmacy are all part of The Cigna Group. This means we have an ownership interest in Express Scripts Pharmacy's home delivery services–but you have the right to fill prescriptions at any pharmacy in your network (as your plan allows). Log in to the myCigna app or myCigna.com to see all of your in-network options.
4. U.S. Food and Drug Administration (FDA) website, "Generic Drug Facts." Content current as of 11/01/21. fda.gov/drugs/generic-drugs/generic-drug-facts.
5. Your plan pays the cost for standard shipping.
6. Express Scripts Pharmacy can automatically refill certain medications. Log in to the myCigna App or myCigna.com, or call 800.835.3784, to sign up. You can sign up to get emails and/or texts from Express Scripts Pharmacy. To get text messages, you'll have to sign up for the Express Scripts texting service. You can do this online or when you call 800.835.3784 to refill your prescription. Once you sign up, just reply to their welcome text to get started. Standard text messaging rates apply.

Para obtener ayuda en español llame al número en su tarjeta de Cigna Healthcare.

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